

START YOUR ORDER

863-853-8283
ORDERSONNYS.COM

SONNYS BBQ
3611 U.S. HWY 98 NORTH
LAKELAND, FL 33809

SONNY'S
BBQ LOCAL
PITMASTERS
SINCE 1968

APPETIZERS

LOADED TOTS

Golden fried tater tots topped with crispy onion straws, queso and drizzled with BBQ Sauce. 7.59 | 1680 Cal

Add your favorite BBQ meat.
3.00 | 240-540 Cal

REDNECK EGG ROLLS®



Loaded with Pulled Pork, homemade coleslaw and Pepper Jack cheese with a side of smokey Ranch dip. 7.99 | 930 Cal

WINGS

Get em' Smoked, Dry-Rubbed or slathered in your favorite BBQ sauce. 11.99 | 760-890 Cal

CORN NUGGETS

Lightly fried, sweet creamed corn clusters topped with powdered sugar. 5.29 | 650 Cal

FRIED PICKLES

5.99 | 660 Cal

FRIED OKRA

5.29 | 520 Cal

BBQ SANDWICHES

MAKE IT MEATIER: Add extra pulled or sliced meat to your sandwich for 2.00

SWEET CAROLINA™



Pulled Pork topped with homemade coleslaw and Sonny's Signature Carolina Sauce. 8.59 | 760 Cal

WHOLE HOG

Sliced Pork, Pulled Pork and Jalapeño Cheddar Hot Links topped with Sweet BBQ sauce. 8.59 | 900 Cal

CHOPPED BEEF BRISKET



8.99 | 760 Cal

SMOKED TURKEY

7.69 | 410 Cal

SONNY'S CUBAN

Our slow-smoked Pork, pulled and sliced with Swiss cheese, pickles and our Mustard BBQ Sauce on toasted garlic bread. 8.59 | 1140 Cal

SONNY'S STEAKBURGER*



Served on a bun. 8.99 | 750-790 Cal

SMOKED PORK

Sliced or Pulled Pork served on garlic bread. 7.79 | 610/670 Cal

PULLED OR GRILLED CHICKEN

Served on a bun. 8.39 | 450/390 Cal

BRISKET GRILLED CHEESE



Chopped Brisket, queso and cheddar cheese served on garlic bread. 8.99 | 1110 Cal

SIGNATURE BBQ

Served with BBQ beans, coleslaw and garlic bread.

ST. LOUIS RIBS

Sweet & Smokey or House Dry-Rubbed Ribs. 15.99 | 1580/1420 Cal

PULLED OR SLICED PORK

12.59 | 1240/1140 Cal

BEEF BRISKET



Sliced (Lean) or Chopped (Marbled). MKT | 1250/1430 Cal

BABY BACK RIBS



18.99 | 1510 Cal

SMOKED TURKEY

12.59 | 990 Cal

HALF CHICKEN

12.59 | 1180 Cal
All-white meat, add 1.50 | 1440 Cal

PULLED CHICKEN

12.59 | 1060 Cal

PITMASTER PICKS

Served with BBQ beans, coleslaw and garlic bread.

SONNY'S SAMPLER



Pulled Pork, Sliced Brisket, 1/4 BBQ Chicken and Sweet & Smokey Ribs. 16.99 | 1960 Cal

PORK 3 WAYS®

Pulled Pork, Sliced Pork and Sweet & Smokey Ribs. 14.99 | 1890 Cal

CHICKEN & PORK

1/4 BBQ Chicken and Pulled Pork. 13.49 | 1410 Cal

RIBS & CHICKEN

1/4 BBQ Chicken and Sweet & Smokey Ribs. 14.49 | 1590 Cal

FAMILY FEAST Serves 4

Pulled Pork, Sliced Brisket, BBQ Chicken and Sweet & Smokey Ribs, plus BBQ beans, coleslaw, crinkle-cut fries, cornbread and four sweet teas. Serves four. 54.99 | 7270 Cal

2,000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE, BUT CALORIE NEEDS VARY.

*CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOOD-BORNE ILLNESS. HAMBURGERS ARE COOKED TO ORDER.

BBQ BY THE POUND

**SLICED OR CHOPPED
BEEF BRISKET**
MKT 1b | 1470/1680 Cal

PULLED PORK
13.99 1b | 1090 Cal

SLICED PORK
13.99 1b | 1180 Cal

SMOKED TURKEY
14.29 1b | 770 Cal

**SWEET & SMOKEY
ST. LOUIS RIBS**
15.99 1b | 1150 Cal

**HOUSE DRY-RUBBED
ST. LOUIS RIBS**
15.99 1b | 950 Cal

BABY BACK RIBS
16.59 slab | 750 Cal

WHOLE CHICKEN
13.99 | 820 Cal

**JALAPEÑO CHEDDAR
HOT LINKS**
13.99 1b | 1410 Cal

GARDEN OF EATIN'

Add your favorite BBQ meat.
3.00 | 150 - 540 Cal

BBQ SALAD

Mixed greens, grilled corn, tomato, cucumber, diced red onion and shredded Cheddar tossed with Ranch dressing and topped with crispy onion straws and a drizzle of Sweet BBQ Sauce. 7.99 | 740 Cal

NEW BBQ COBB

Mixed greens, hard-boiled eggs, chopped bacon bits, diced tomato, red onion and shredded Pepper Jack cheese served with Smokin' Ranch dressing. 7.99 | 720 Cal

NEW SMOKIN' CAESAR

Chopped Romaine topped with croutons, shredded Parmesan served Caesar dressing and a drizzle of Smokin' BBQ Sauce. 7.99 | 540 Cal

SIDE SALAD

Mixed greens, diced cucumbers, tomatoes and green peppers topped with croutons and choice of dressing. 2.99 | 290-540 Cal

BEVERAGES

LEMONADE

2.89 | 190 Cal

SONNY'S SIGNATURE SWEET OR UNSWEET TEA

2.89 | 170/5 Cal



BOTTLED WATER

1.99 | 0 Cal

SODAS

2.89 | 0-230 Cal

BULK SIDEKICKS

SERVINGS: Small feeds 3-4
Medium feeds 6-8
Large feeds 16-20

GREEN BEANS

Sm 5.99 | 110 Cal
Med 10.49 | 230 Cal
Lg 24.99 | 570 Cal

HOMESTYLE MAC & CHEESE

Sm 5.99 | 910 Cal
Med 10.49 | 1810 Cal
Lg 24.99 | 4540 Cal

ORIGINAL RECIPE BBQ BEANS

Sm 5.99 | 670 Cal
Med 10.49 | 1340 Cal
Lg 24.99 | 3360 Cal

HOMEMADE COLESLAW

Sm 5.99 | 590 Cal
Med 10.49 | 1170 Cal
Lg 24.99 | 2930 Cal

POTATO SALAD

Sm 5.99 | 910 Cal
Med 10.49 | 1810 Cal
Lg 24.99 | 4540 Cal

BROCCOLI

Sm 5.99 | 130 Cal
Med 10.49 | 260 Cal
Lg 24.99 | 650 Cal

SIDEKICKS

2.79 Each

CRINKLE-CUT FRIES 480 Cal

TATER TOTS 530 Cal

BAKED SWEET POTATO 230 Cal

CORN ON THE COB 100 Cal

GREEN BEANS 30 Cal

**HOMESTYLE MAC
& CHEESE** 320 Cal

ORIGINAL RECIPE

BBQ BEANS 240 Cal

**HOMEMADE
COLESLAW** 130 Cal

POTATO SALAD 270 Cal

BAKED POTATO 290 Cal

BROCCOLI 30 Cal

DESSERTS

CINNAMON SUGAR DONUT HOLES

Shareable, hot donut holes served with a side of Signature Sweet Tea glaze.

4.99 | 1050 Cal

CHOCOLATE CHIP COOKIES

Two giant cookies baked fresh to order in-house.

2.49 | 1000 Cal

BANANA PUDDING

Fresh banana slices and our signature pudding topped with vanilla wafers and whipped cream.

4.39 | 320 Cal

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