#### START YOUR ORDER

## **APPETIZERS**

#### LOADED TOTS

Golden fried tater tots topped with crispy onion straws. queso and drizzled with BBQ Sauce. 8.99 | 1680 Cal

Add your favorite BBQ meat. 4.00 | 240-540 Cal

### **BBQ SANDWICHES**

Malco it a		
Sliced (Lean) or Chopped (Mar) 590-1060 Cal	bled).	
	9.99	12.99
PULLED CHICKEN 450/580 Cal	10.99	11.99
SMOKED TURKEY 410/510 Cal	9.99	10.99
SMOKED PORK The second	8.49	10.49
erved on a bun. Reg	gular	Large

Make it a **BIG DEAL**  Add a Sidekick & soft drink for just 4.00 | 35-700 Cal

### SIGNATURE BBQ Served with BBQ beans, coleslaw and garlic bread.

SMOKED PORK 🏆 Sliced or Pulled. 13.99 | 1240/1140 Cal

BEEF BRISKET 🚝 Sliced (Lean) or Chopped (Marbled). 17.99 | 1250/1430 Cal

SMOKED TURKEY 14.29 990 Cal

PULLED CHICKEN 13.99 | 1060 Cal

ST. LOUIS RIBS Sweet & Smokey or House Dry-Rubbed Ribs. 17.99 | 1580/1420 Cal

**BABY BACK RIBS** 18.99 | 1510 Cal

HALF CHICKEN 13.99 | 1180 Cal

All-white meat. add 2.00 | 1440 Cal

# MASTER PLATES

with BBQ beans, coleslaw and garlic bread.

#### SONNY'S SAMPLER 🏆

Pulled Pork, Sliced Brisket, 1/4 BBQ Chicken and Sweet & Smokey Ribs. 18.29 | 1960 Cal

PORK 3 WAYS® Pulled Pork, Sliced Pork and Sweet & Smokey Ribs. 16.49 | 1890 Cal

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8.99 930 Cal

SMOKED WINGS

BBO PORK EGG ROLLS 🖤

Loaded with Pulled Pork.

Pepper Jack cheese with a

side of Smokin' Ranch dip.

Original, Dry-Rubbed or

slathered in your favorite BBQ sauce. 12.99 | 760-890 Cal

homemade coleslaw and

5910 S. FLORIDA AVE. LAKELAND, FL 33813

### SONNY'S BBQ III

#### CORN NUGGETS

Lightly fried, sweet creamed corn clusters topped with powdered sugar. 5.79 | 650 Cal

FRIED OKRA 5.79 520 Cal

## SIGNATURE SANDWICHES

#### SWEET CAROLINA™ 🖤

Pulled Pork topped with homemade coleslaw and Sonny's Signature Carolina Sauce. 9.29 | 760 Cal

#### SONNY'S CUBAN™

Our slow-smoked Pork, pulled and sliced with Swiss cheese, pickles and our Mustard BBQ Sauce on toasted garlic bread. 10.99 | 1140 Cal

#### WHOLE HOG

Sliced Pork, Pulled Pork and Jalapeño Cheddar Sausage topped with Sweet BBQ Sauce on a bun. 9.49 900 Cal

### BRISKET GRILLED CHEESE 🚛

A cheesy blend of Chopped Brisket, queso and shredded Cheddar cheese, topped with sliced Cheddar and served on garlic bread. 10.99 | 1110 Cal

### SONNY'S STEAKBURGER\* 🖾

Topped with Cheddar, Swiss or American cheese served on a bun. 9.99 | 750-790 Cal

### GRILLED CHICKEN

Served on a bun. 9.99 | 750-790 Cal

### PICK of PIT COMBOS Served with BBQ beans, coleslaw and garlic bread.

2 MEATS FOR 14.49 | 1050-1950 Cal 3 MEATS FOR 16.49 | 1520-2490 Cal

SMOKED PORK 1/4 BBO CHICKEN SMOKED WINGS

**ST. LOUIS RIBS (+1.00)** BABY BACK RIBS (+4.00) BEEF BRISKET (+3.00) JALAPEÑO CHEDDAR SAUSAGE

## **GARDEN OF EATIN'**

ADD YOUR FAVORITE BBO MEAT. 4.00 | 150-540 Cal

#### **BBO SALAD**

Mixed greens, grilled corn, tomato, cucumber, diced red onion and shredded Cheddar tossed with Ranch dressing and topped with crispy onion straws and a drizzle of Sweet BBQ Sauce. 8.99 740 Cal

#### BBO COBB

Mixed greens, hard-boiled eggs, chopped bacon bits, diced tomato, red onion and shredded Pepper Jack cheese served with Smokin' Ranch dressing. 8.79 720 Cal

### SMOKIN' CAESAR

Chopped Romaine topped with croutons, shredded Parmesan served Caesar dressing and a drizzle of Smokin' BBQ Sauce. 8.79 540 Cal

## SIDEKICKS 3.29 each

**CRINKLE-CUT FRIES** 480 Cal

ORIGINAL RECIPE **BBO BEANS** 240 Cal

HOMEMADE COLESLAW

HOMESTYLE MAC & CHEESE 320 Cal

TATER TOTS 530 Cal

**BAKED SWEET POTATO** 230 Cal

CORN 100 Cal

**GREEN BEANS** 30 Cal

NEW BBO DIRTY RICE 280 Cal **BAKED POTATO** 

SIDE SALAD (+\$1.00)

290-540 Cal

290 Cal BROCCOLI 30 Cal

130 Cal

## **BBQ BY THE POUND**

BEEF BRISKET 22.99LB | 1680 Cal

PULLED PORK 15.49LB | 1090 Cal

SLICED PORK 15.49LB | 1180 Cal

SMOKED TURKEY 16.49LB 770 Cal

SWEET & SMOKEY ST. LOUIS RIBS 17.99LB | 1150 Cal

HOUSE DRY-RUBBED ST. LOUIS RIBS

17.99LB 950 Cal

**BABY BACK RIBS** 18.49 SLAB 750 Cal

WHOLE CHICKEN 14.99 820 Cal

JALAPEÑO CHEDDAR SAUSAGE 14.59LB | 1410 Cal

2,000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE, BUT CALORIE NEEDS VARY.

## DESSERTS

#### CINNAMON SUGAR DONUT HOLES

Shareable, hot donut holes served with a side of Signature Sweet Tea glaze. 4.99 | 1050 Cal

#### CHOCOLATE CHIP COOKIES

Two giant cookies baked fresh to order in-house. 2.99 | 1000 Cal

#### **BANANA PUDDING**

Fresh banana slices and our signature pudding topped with vanilla wafers and whipped cream. 4.49 320 Cal

# BEVERAGES

LEMONADE

2.89 | 190 Cal

SONNY'S SIGNATURE SWEET OR UNSWEET TEA 2.89 | 170/5 Cal

1.99 | 0 Cal

2.89 | 0-230 Cal

## BULK SIDEKICKS

SERVINGS:

Small feeds 3-4 Medium feeds 6-8 Large feeds 16-20

**GREEN BEANS** Sm 6.99 | 110 Cal Med 10.99 | 230 Cal Lg 25.99 570 Cal

**NEW BBO DIRTY RICE** Sm 6.99 850 Cal Med 10.99 | 1700 Cal Lg 25.99 | 4260 Cal

#### HOMESTYLE MAC & CHEESE

Sm 6.99 910 Cal Med 10.99 | 1810 Cal Lg 25.99 | 4540 Cal

#### **ORIGINAL RECIPE BBQ BEANS**

Sm 6.99 670 Cal Med 10.99 | 1340 Cal Lg 25.99 | 3360 Cal

#### HOMEMADE COLESLAW

Sm 6.99 | 590 Cal Med 10.99 | 1170 Cal Lg 25.99 2930 Cal

POTATO SALAD

Sm 6.99 | 910 Cal Med 10.99 | 1810 Cal Lg 25.99 2930 Cal

#### BROCCOLI

Sm 6.99 | 130 Cal Med 10.99 260 Cal Lg 25.99 | 650 Cal



### SODAS