

START YOUR ORDER

772 770 4190  
ORDERSONNYS.COM

SONNYS BBQ  
5001 - 20TH STREET  
VERO BEACH, FL 32960

SONNY'S  
BBQ LOCAL  
PITMASTERS  
SINCE 1968

# APPETIZERS

## LOADED TOTS

Golden fried tater tots topped with crispy onion straws, queso and drizzled with BBQ Sauce. 8.49 | 1680 Cal

Add your favorite BBQ meat.  
3.00 | 240-540 Cal

## BBQ PORK EGG ROLLS



Loaded with Pulled Pork, homemade coleslaw and Pepper Jack cheese with a side of smokey Ranch dip. 8.49 | 930 Cal

## SMOKED WINGS

Original, Dry-Rubbed or slathered in your favorite BBQ sauce. 12.99 | 760-890 Cal

## CORN NUGGETS

Lightly fried, sweet creamed corn clusters topped with powdered sugar. 4.99 | 650 Cal

## FRIED PICKLES

5.29 | 660 Cal

## FRIED OKRA

4.99 | 520 Cal

# BBQ SANDWICHES

**MAKE IT MEATIER:** Add extra pulled or sliced meat to your sandwich for 2.00

## SWEET CAROLINA™



Pulled Pork topped with homemade coleslaw and Sonny's Signature Carolina Sauce. 8.99 | 760 Cal

## WHOLE HOG

Sliced Pork, Pulled Pork and Jalapeño Cheddar Hot Links topped with Sweet BBQ sauce. 8.99 | 900 Cal

## CHOPPED BEEF BRISKET



9.49 | 760 Cal

## SMOKED TURKEY

8.49 | 410 Cal

## SONNY'S CUBAN

Our slow-smoked Pork, pulled and sliced with Swiss cheese, pickles and our Mustard BBQ Sauce on toasted garlic bread. 9.49 | 1140 Cal

## SONNY'S STEAKBURGER\*



Served on a bun. 9.99 | 750-790 Cal

## SMOKED PORK

Sliced or Pulled Pork served on garlic bread. 8.49 | 610/670 Cal

## PULLED OR GRILLED CHICKEN

Served on a bun. 8.79 | 450/390 Cal

## BRISKET GRILLED CHEESE



Chopped Brisket, queso and cheddar cheese served on garlic bread. 9.99 | 1110 Cal

# SIGNATURE BBQ

Served with BBQ beans, coleslaw and garlic bread.

## ST. LOUIS RIBS

Sweet & Smokey or House Dry-Rubbed Ribs. MKT | 1580/1420 Cal

## PULLED OR SLICED PORK

13.99 | 1240/1140 Cal

## BEEF BRISKET



Sliced (Lean) or Chopped (Marbled). MKT | 1250/1430 Cal

## BABY BACK RIBS



18.99 | 1510 Cal

## SMOKED TURKEY

13.99 | 990 Cal

## HALF CHICKEN

13.99 | 1180 Cal  
All-white meat, add 2.00 | 1440 Cal

## PULLED CHICKEN

13.99 | 1060 Cal

# PITMASTER PICKS

Served with BBQ beans, coleslaw and garlic bread.

## SONNY'S SAMPLER



Pulled Pork, Sliced Brisket, 1/4 BBQ Chicken and Sweet & Smokey Ribs. 18.99 | 1960 Cal

## PORK 3 WAYS®

Pulled Pork, Sliced Pork and Sweet & Smokey Ribs. 16.49 | 1890 Cal

## CHICKEN & PORK

1/4 BBQ Chicken and Pulled Pork. 14.99 | 1410 Cal

## RIBS & CHICKEN

1/4 BBQ Chicken and Sweet & Smokey Ribs. 15.99 | 1590 Cal

## FAMILY FEAST Serves 4

Pulled Pork, Sliced Brisket, BBQ Chicken and Sweet & Smokey Ribs, plus BBQ beans, coleslaw, crinkle-cut fries, cornbread and four sweet teas. Serves four. 58.99 | 7270 Cal

2,000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE, BUT CALORIE NEEDS VARY.

\*CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOOD-BORNE ILLNESS. HAMBURGERS ARE COOKED TO ORDER.

# BBQ BY THE POUND

**SLICED OR CHOPPED  
BEEF BRISKET**  
MKT lb | 1470/1680 Cal

**PULLED PORK**  
14.99 lb | 1090 Cal

**SLICED PORK**  
14.99 lb | 1180 Cal

**SMOKED TURKEY**  
14.99 lb | 770 Cal

**SWEET & SMOKEY  
ST. LOUIS RIBS**  
MKT lb | 1150 Cal

**HOUSE DRY-RUBBED  
ST. LOUIS RIBS**  
MKT lb | 950 Cal

**BABY BACK RIBS**  
16.99 slab | 750 Cal

**WHOLE CHICKEN**  
12.99 | 820 Cal

**JALAPEÑO CHEDDAR  
HOT LINKS**  
13.99 lb | 1410 Cal

# BULK SIDEKICKS

**SERVINGS:** Small feeds 3-4  
Medium feeds 6-8  
Large feeds 16-20

**GREEN BEANS**  
Sm 6.99 | 110 Cal  
Med 10.99 | 230 Cal  
Lg 25.99 | 570 Cal

**HOMESTYLE MAC & CHEESE**  
Sm 6.99 | 910 Cal  
Med 10.99 | 1810 Cal  
Lg 25.99 | 4540 Cal

**ORIGINAL RECIPE  
BBQ BEANS**  
Sm 5.99 | 670 Cal  
Med 9.29 | 1340 Cal  
Lg 23.99 | 3360 Cal

**HOMEMADE COLESLAW**  
Sm 5.99 | 590 Cal  
Med 9.29 | 1170 Cal  
Lg 23.99 | 2930 Cal

**POTATO SALAD**  
Sm 5.99 | 910 Cal  
Med 9.29 | 1810 Cal  
Lg 23.99 | 4540 Cal

**BROCCOLI**  
Sm 6.99 | 130 Cal  
Med 10.99 | 260 Cal  
Lg 25.99 | 650 Cal

# GARDEN OF EATIN'

Add your favorite BBQ meat.  
3.00 | 150 - 540 Cal

## BBQ SALAD

Mixed greens, grilled corn, tomato, cucumber, diced red onion and shredded Cheddar tossed with Ranch dressing and topped with crispy onion straws and a drizzle of Sweet BBQ Sauce. 8.49 | 740 Cal

## **NEW** BBQ COBB

Mixed greens, hard-boiled eggs, chopped bacon bits, diced tomato, red onion and shredded Pepper Jack cheese served with Smokin' Ranch dressing. 8.49 | 720 Cal

## **NEW** SMOKIN' CAESAR

Chopped Romaine topped with croutons, shredded Parmesan served Caesar dressing and a drizzle of Smokin' BBQ Sauce. 8.49 | 540 Cal

## SIDE SALAD

Mixed greens, diced cucumbers, red onion, and tomatoes, topped with croutons, shredded cheddar cheese and choice of dressing. 3.49 | 290-540 Cal

# BEVERAGES

**LEMONADE**  
190 Cal

**SONNY'S SIGNATURE  
SWEET OR UNSWEET TEA**  
170/5 Cal



**BOTTLED WATER**  
0 Cal

**SODAS**  
0-230 Cal

# SIDEKICKS

2.99 Each

**CRINKLE-CUT FRIES** 480 Cal  
**TATER TOTS** 530 Cal  
**BAKED SWEET POTATO** 230 Cal  
**CORN** 100 Cal  
**GREEN BEANS** 30 Cal  
**HOMESTYLE MAC  
& CHEESE** 320 Cal

**ORIGINAL RECIPE  
BBQ BEANS** 240 Cal  
**HOMEMADE  
COLESLAW** 130 Cal  
**POTATO SALAD** 270 Cal  
**BROCCOLI** 30 Cal

# DESSERTS

**CINNAMON SUGAR DONUT HOLES**  
Shareable, hot donut holes served with a side of Signature Sweet Tea glaze. 4.99 | 1050 Cal

**CHOCOLATE CHIP COOKIES**  
Two giant cookies baked fresh to order in-house. 2.49 | 1000 Cal

**BANANA PUDDING**  
Fresh banana slices and our signature pudding topped with vanilla wafers and whipped cream. 3.99 | 320 Cal

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