

SONNY'S BBQ

LOCAL
PITMASTERS
SINCE 1968



5910 S. Florida Ave., Lakeland, FL 33813
863-646-2990

APPETIZERS

NEW Fried Pickles

5.99 | 660 Cal

Fried Okra

4.29 | 520 Cal

Wings

Get 'em Smoked, Dry-Rubbed or slathered in your favorite BBQ sauce.

9.99 | 760 - 890 Cal

Corn Nuggets

Lightly fried, sweet creamed corn clusters topped with powdered sugar. 4.29 | 650 Cal

Redneck Egg Rolls™

Loaded with Pulled Pork, homemade coleslaw and Pepper Jack cheese with a side of smokey Ranch dip.

7.29 | 930 Cal

BBQ SANDWICHES

Make it a Big Deal: Add a Sidekick and a soft drink to any BBQ Sandwich for just 3.00 | 35 - 650 Cal

Sweet Carolina™

Pulled Pork topped with homemade coleslaw and Sonny's Signature Carolina Sauce on a bun.

7.99 | 760 Cal

NEW Whole Hog

Sliced Pork, Pulled Pork and Jalapeño Cheddar Hot Links topped with Sweet BBQ Sauce on a bun. 8.49 | 900 Cal

Smokin' Gun™

Jalapeño Cheddar Hot Links, Chopped Brisket, banana peppers and red onion topped with a sweet mustard sauce on a bun. 8.69 | 870 Cal

Pulled Pork

6.29 | 670 Cal

Sliced Pork

6.29 | 610 Cal

Chopped Beef Brisket

8.49 | 760 Cal

Smoked Turkey

6.49 | 410 Cal

Pulled Chicken

6.49 | 450 Cal

Grilled Chicken

7.99 | 390 Cal

Sonny's Steakburger*

7.99 | 750 - 790 Cal

SIGNATURE BBQ

Served with BBQ beans, coleslaw and garlic bread.

Pulled or Sliced Pork

10.99 | 1240/1140 Cal

Baby Back Ribs

15.99 | 1510 Cal

St. Louis Ribs

Sweet & Smokey or House Dry-Rubbed.

14.29 | 1580/1420 Cal

Half Chicken

10.49 | 1180 Cal

All-white meat, add 1.50. 1440 Cal

Beef Brisket

Sliced (Lean) or Chopped (Marbled).

13.99 | 1250/1430 Cal

Pulled Chicken

10.99 | 1060 Cal

Smoked Turkey

10.99 | 990 Cal



PITMASTER PICKS

Served with BBQ beans, coleslaw and garlic bread.1

Sonny's Sampler

Pulled Pork, Sliced Brisket, 1/4 BBQ Chicken and Sweet & Smokey Ribs.

15.79 | 1960 Cal

Ribs & Chicken

13.29 | 1590 Cal

Chicken & Pork

11.49 | 1410 Cal

NEW Ribs & Smoked Wings

13.29 | 1490 Cal

Pork 3 Ways®

Pulled Pork, Sliced Pork and Sweet & Smokey Ribs. 13.79 | 1890 Cal

Family Feast

Pulled Pork, Sliced Brisket, BBQ Chicken and Sweet & Smokey Ribs, plus BBQ beans, coleslaw, crinkle-cut fries, cornbread and four sweet teas. Serves four.

44.99 | 7270 Cal

***Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness. Hamburgers are cooked to order.**

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

Written nutrition information is available upon request.

BBQ BY THE POUND

Sliced or Chopped Beef Brisket

18.49 lb | 1470/1680 Cal

Pulled Chicken

14.29 lb | 740 Cal

Pulled Pork

13.99 lb | 1090 Cal

Sliced Pork

13.99 lb | 1180 Cal

Smoked Turkey

14.29 lb | 770 Cal

Sweet & Smokey Ribs

13.99 lb | 1150 Cal

House Dry-Rubbed Ribs

13.99 lb | 950 Cal

Baby Back Ribs

14.99 slab | 750 Cal

Whole Chicken

10.99 | 820 Cal

Hot Links

13.49 lb | 1410 Cal

Broccoli

5.49 sm 130 Cal | 9.49 med 260 Cal | 24.99 lg 650 Cal

Green Beans

5.59 sm 110 Cal | 9.29 med 230 Cal | 24.99 lg 570 Cal

Homestyle Mac & Cheese

5.49 sm 910 Cal | 9.49 med 1810 Cal | 24.99 lg 4540 Cal

Original Recipe BBQ Beans

5.29 sm 670 Cal | 8.99 med 1340 Cal | 24.99 lg 3360 Cal

Homemade Coleslaw

5.29 sm 590 Cal | 8.99 med 1170 Cal | 24.99 lg 2930 Cal

Potato Salad

5.29 sm 910 Cal | 8.99 med 1810 Cal | 24.99 lg 4540 Cal

Small is 3-4 servings, Medium is 6-8 servings and Large is 16-20 servings.

SIDEKICKS

2.59 Each

Original Recipe
BBQ Beans

240 Cal

Crinkle-Cut Fries

480 Cal

Homemade Coleslaw

130 Cal

Green Beans

30 Cal

Homestyle Mac
& Cheese

320 Cal

Baked Sweet Potato

230 Cal

Corn on the Cob

100 Cal

Potato Salad

270 Cal

Baked Potato

290 Cal

Broccoli

30 Cal

BEVERAGES

Sonny's
Signature

Sweet or
Unsweet Tea

170/5 Cal

Lemonade

190 Cal

Sodas

Coke, Diet Coke,
Sprite or Barq's
Root Beer.

0 - 230 Cal

Bottled Water

DASANI®

0 Cal

TG1018 75